



# NAVARINO OUTDOORS

## COSTA NAVARINO

Diverse and strikingly beautiful, the landscape of Messinia provides countless options for outdoor activities that help you discover this unspoiled corner of the Peloponnese.

Navarino Outdoors' program of organized cycling, hiking and climbing tours will take you to places where the landscape is untouched and the locals still embrace ancestral traditions going back to thousands of years. With the passionate team of Navarino Outdoors you will enjoy unforgettable outdoor experiences in Messinia.

Safe, fun, unique!

# CYCLING

A bicycle is not only the most convenient way to get around the resort but also the best means to discover the beauty of the Messinian countryside. Our dedicated **Bike Station** offers a wide range of quality bikes, including IDEAL and Scott brands, which will carry you along idyllic trails in style but are also well equipped to handle the most rugged terrain. You can rent a top-of-the range Mountain Bike, Trekking or E-Bike, as well as fun bikes such as tandems or BMX, and also choose from an extensive selection of accessories and clothing. Equipment especially designed for families includes children bicycles for all ages, kids' seats and trailers. Navarino Outdoor Center is also your information hub: Our tour guides are happy to give you tips and recommendations for your individual cycling experiences at Costa Navarino.

With some adds-on such as maps, GPS devices and ready tracks to download you have all you need for your individual exploring of Messinia on our **self-guided tours**.

Navarino Outdoors offers three different types of guided cycling activities:

- 1) **Bike Trekking Tours (BTR)** focus on nature, fun, culture and history. Discover with our guides the beauty of Messinia, its nature, history and tradition. On these tours we take it easy and we have always time for a little chat with the locals, to take a picture or try some traditional snacks. Most of these tours are also suitable for families with small children.
- 2) **Mountain Bike Tours (MTB)** are for the nature lovers who are into fun, athletic challenges and getting dirty. On these tours you discover places no regular tourist has ever visited – not even locals... . Hidden waterfalls, isolated beaches, mountain peaks and tricky downhill paths will elate the enthusiast. Minimum age of participants: 16 years old.
- 3) **Road Cycling Tours (RCT)** are open to adults only. Physical exercise, sweat and lots of fun characterize these cycling tours. Normally these tours start early in the morning and the beautiful views, medium steep climbs and fast downhill roads wow the participants. From the experienced guides you get the professional support you are expecting.

On the Bike Trekking and Mountain Bike tours you have the possibility to upgrade your regular bike with an E-bike.

## BIKE TREKKING TOURS (BTR)

### BTR\_OMEGA BEACH

VOIDOKILIA (not available in July & August)

family friendly  
(age limit: all ages)

Directly from the hotel along the seaside you will reach on a short bike ride the dream-like dune landscape around Voidokilia, voted one of the best beaches in the world (The Times).

Duration: 2,5hrs  
 Distance: 12km  
 Terrain: mainly flat, gravel and asphalt  
 Services: rental bike, drinking water, coffee or ice cream, beach towel  
 Price: 45 EUR  
 Max. number of participants: 80pax

### BTR\_WILD LAGOON & DREAM BEACH

GIALOVA LAGOON & VOIDOKILIA

Join us on this easy journey through the protected wetland of the Gialova Lagoon – habitat for numerous wild birds, fish and the unique African chameleon – and visit the dream like beach of Voidokilia.

Duration: 3hrs  
 Distance: 25km  
 Terrain: mainly flat, gravel and asphalt  
 Services: rental bike, drinking water, snack, beach towel  
 Price: 50 EUR  
 Max. number of participants: 45pax

### BTR\_PIRATES & CRUISADERS

CASTLE OF METHONI

family friendly  
(age limit: 8 years old)

Through picturesque villages and over rolling hills this tour leads us to the most iconic historical monument of the region: the Venetian castle of Methoni. A lunch in a local tavern directly on the beach and free time for swimming complete this family tour.

Duration: 7hrs  
 Distance: 22km  
 Terrain: mostly downhill with some short climbs, gravel & asphalt  
 Services: rental bike, transfers, drinking water, lunch, beach towel, entrance fees  
 Price: 85 EUR  
 Max. number of participants: 16pax

**BTR\_SUNSET TOUR**  
**VALTA & PROTI ISLAND**

family friendly  
 (age limit: all ages)

With stunning views over the Ionian Sea we descend a winding road until we reach the fishing village of Marathopoli. Captain Giannis takes us on his traditional boat to the uninhabited islet of Proti. After a swim at the beautiful secluded beach we enjoy a small snack before the boat takes us around the island with breathtaking view at sunset. The highlights of your holidays in Messinia!

- Duration: 4hrs
- Distance: 16km
- Terrain: downhill and flat, gravel & asphalt
- Services: rental bike, transfers, drinking water, boat trip, traditional snack and drinks, beach towel
- Price: 95 EUR
- Max. number of participants: 16pax

**BTR\_PURE GREECE**  
**ANARGYROI CAVE AND KYPARISSIA**

Join this challenging tour through the Messinian back-land from the holy cave of St. Anargyroi to the old watermills of Kyparissia. Flocks of sheep and goats are crossing our route. We enjoy our picnic under an olive tree before we roll downhill to the longest beach in Greece.

- Duration: 8hrs
- Distance: 43km
- Terrain: 570m ascent, 1000m descent, asphalt
- Services: rental bike, transfers, drinking water, lunch box, Greek coffee
- Price: 85 EUR
- Max. number of participants: 16pax

**BTR\_TO THE HEART OF MESSINIA'S ANCIENT HISTORY**  
**ANCIENT MESSENE BY BIKE**

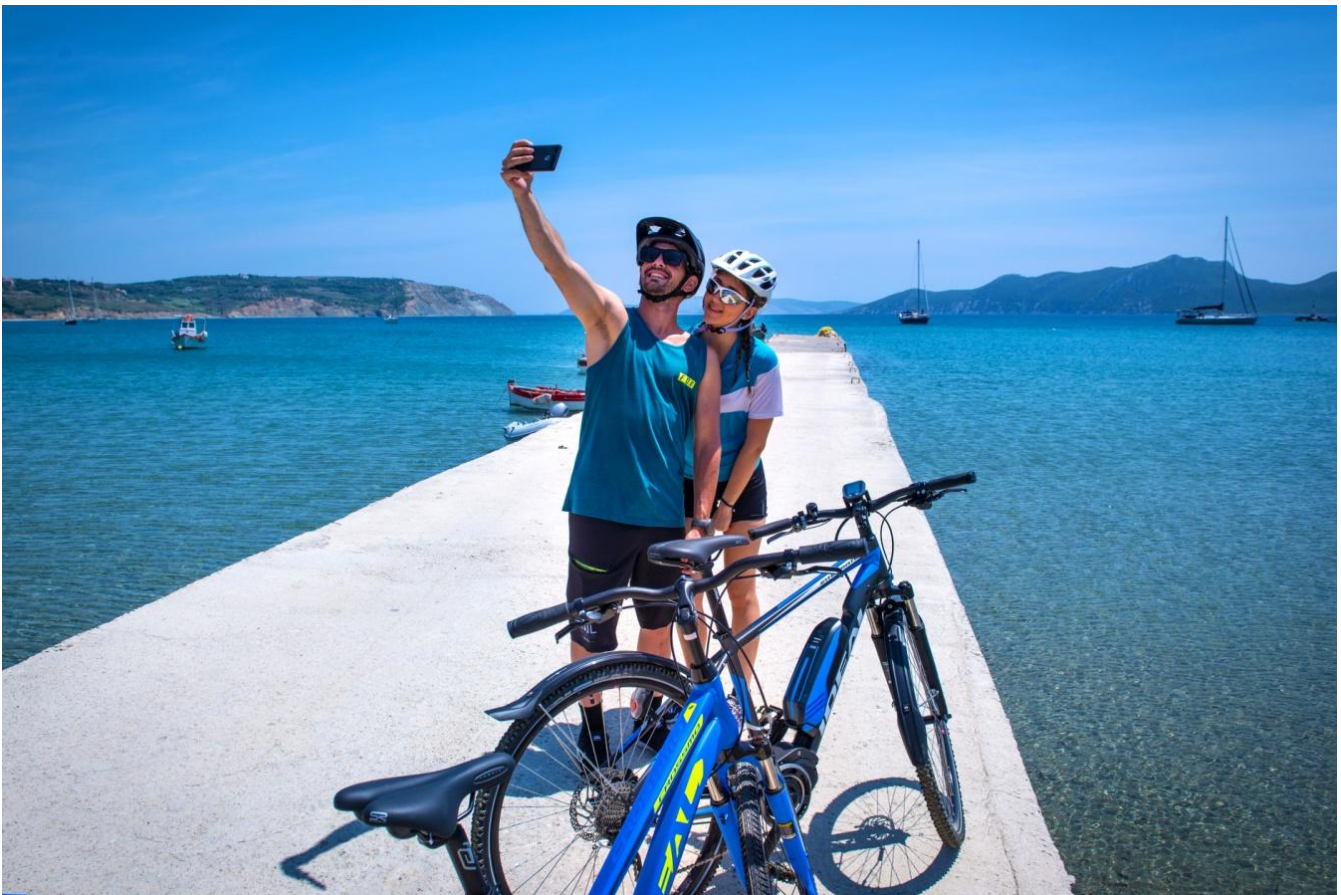
After many ascents and descents this tour leads us to the geographical and historical center of Messinia: The archaeological site is one of the most beautiful ones in Greece. After lunch in a local tavern there is enough time for an individual walk through the old ruins and to discover the history of this part of the world.

- Duration: 8hrs
- Distance: 38km
- Terrain: 610m ascent, 680m descent, asphalt
- Services: rental bike, transfers, drinking water, light lunch, entrance fee
- Price: 95 EUR
- Max. number of participants: 16pax

## BTR\_WINE ROUTE & RIVIERA OF MESSINIA THE CASTLE OF KORONI

On a winding wine route the tour leads us to the bay of Messinia. Along the touristic Riviera we reach the beautiful village of Koroni. Under the shade of the mighty walls of the Venetian castle we enjoy an ice cream or a beer and our eyes travel to the majestic Mount Taygetos on the other side of the bay.

Duration: 8hrs  
Distance: 47km  
Terrain: 290m ascent, 620m descent, asphalt  
Services: rental bike, transfers, drinking water, lunch box, ice cream  
Price: 85 EUR  
Max. number of participants: 16pax



## MOUNTAIN BIKING TOURS (MTB)

### MTB\_BIKE FITNESS

#### MORNING CYCLING TOUR AROUND COSTA NAVARINO

Join one of the experienced bike guides of Navarino Outdoors to exercise body and mind by cycling in the natural beauty around the area of the hotel. The purpose of the bike fitness is to train your muscles, respiratory system and blood circulation. Join us and experience the passion for physical exercise with fun, positive energy and sweat!

Duration: 1,5hrs  
 Distance: ca. 20Km (varies according to participants' level of fitness)  
 Terrain: gravel  
 Services: rental bike, drinking water, energy bar  
 Price: 45 EUR  
 Max. number of participants: 16pax

### MTB\_KALAMARI WATERFALL

#### THROUGH THE LAGOON TO THE HIDDEN WATERFALL

This moderate mountain biking tour takes us through one of the most important wetlands of the Balkans into the verdant hills behind the small village of Gialova. After making our way through a dense forest, we reach the majestic Kalamari waterfall. In the village of Petrochori we enjoy a traditional Greek coffee before cycling back to Costa Navarino.

Duration: 3hrs  
 Distance: ca. 35km  
 Terrain: gravel, ascent: 150m  
 Services: rental bike, drinking water, energy bar  
 Price: 65 EUR  
 Max. number of participants: 45pax

### MTB\_WILDLIFE IN MESSINIA

#### MESSINIA WILD BIKE TOUR

family friendly  
 (age limit: 12years old)

A short bus ride brings us into the hills of Messina. Close to the picturesque village of Pyrgos we visit the Wildlife Protection & Rehabilitation Center. Meet Idefix, the wild pig; Elvis, the deer and Kalyпсо the eagle owl. After a short tour through this little zoo we get on our bikes and cycle all the way downhill back to Costa Navarino. A perfect tour for our young guests!

Duration: 4hrs  
 Distance: 19km  
 Terrain: 20m ascent, 400m descent, gravel (off-road skills required)  
 Services: rental bike, transfers, drinking water, a visit to the Messina Wildlife & Protection Center, traditional refreshment  
 Price: 85 EUR  
 Max. number of participants: 16pax

**MTB\_KING NESTOR****AROUND THE HILLS OF KING NESTOR'S PALACE**

We set out on tour from the resort, following narrow lanes through a lush valley with olive groves and a river lined with bamboo. After a steep ascent the tour reaches the hill with the palace of wise King Nestor, one of the prominent young leaders of the Trojan War. We pass through picturesque mountain villages where we will have a break for a coffee before descending through narrow canyons on trails and gravel roads back to the Navarino Dunes Resort.

Duration: 3,5hrs  
Distance: ca. 26km  
Terrain: gravel, ascent: 560m  
Services: rental bike, drinking water, energy bar  
Price: 65 EUR  
Max. number of participants: 16pax



## ROAD CYCLING TOURS (RCT)

### RCT\_ BIKE FITNESS

#### MORNING CYCLING TOUR AROUND COSTA NAVARINO

Join one of the experienced bike guides of Navarino Outdoors to exercise body and mind by cycling in the natural beauty around the area of the hotel. The purpose of the bike fitness is to train your muscles, respiratory system and blood circulation. Join us and experience the passion for physical exercise with fun, positive energy and sweat!

Duration:	2,5hrs
Distance:	ca. 45Km (depending the participants' level of fitness)
Terrain:	asphalt
Services:	rental carbon bike, drinking water, energy bar
Price:	60 EUR
Family friendly:	no

### RCT\_NICE AND EASY

#### TO THE PALACE OF KING NESTOR AND ALONG THE IONIAN SEA

Our most popular road bike tour which will boost your esteem after the first major climb through olive groves around Nestor's Palace until we reach Vlachopoulo a typical country village of Messinia. Then we enjoy a little bit of downhill until Chora where we start our last steep short uphill to Pyrgos. From then on we enjoy our downhill overlooking the Ionian Sea towards the fishing village of Marathopoli and back to Costa Navarino.

Duration:	3hrs
Distance:	61km, Ascent: 880m, Altitude: 462m
Terrain:	asphalt
Services:	rental carbon bike, drinking water, energy bar
Price:	60 EUR
Family friendly:	no

### RCT\_GREEK SALAD

#### TO PYLOS AND METHONI

A road bike tour along the Ionian Sea passing through the most popular destinations of the area: Pylos and Methoni. We first ride along the coast towards Pylos where we have the chance to enjoy the stunning view of the seaside town ahead and Sfaktiria Island. We keep riding along the coast towards the castle of Methoni and then we start going uphill until Chomatada and Mesochori through olive groves and vineyards. Then we roll downhill towards Pylos and along the coast on our way back to Costa Navarino.

Duration:	3,5hrs
Distance:	71km, Ascent: 760m, Altitude: 223m
Terrain:	asphalt
Services:	rental carbon bike, drinking water, energy bar
Price:	60 EUR
Family friendly:	no





For some more cycling routes please find additional suggestions on the links below:

- [Curves](#)
- [Rustic](#)
- [Cost to Cost](#)

These tours are available as self-guided tours or together with our dedicated cycling guides who will escort and challenge you and who will show you some hidden secrets of this magical landscape.

If you are interested in road cycling please contact Navarino Outdoors ([outdoors@costanavarino.com](mailto:outdoors@costanavarino.com)) to book your bicycle and cycling gears at least 2 weeks prior.

# HIKING

Navarino Outdoors offers three different types of hiking activities:

**Active Hiking Tours (AHK)** focus on nature and fitness. Discover with our guides the natural beauty of Messinia's nature and wildlife: hidden waterfalls, isolated beaches and lonely mountain peaks. Most of these tours include swimming in the sea or rivers and are also suitable for families with children.

**Cultural Hiking Tours (CHK)** combine easy hikes with a visit to historical sites, local workshops and traditional villages. Specialists introduce local customs or artisanry, natural highlights and traditional cuisine. On these tours you see, hear and taste Messenia's history, wildlife and recipes.

**Nordic Walking (NW)** is the fastest growing fitness activity in the world. Suitable for all ages and stamina levels, it provides a total body workout with maximum health benefits. But it is also easy to learn, requires no special clothing and can be enjoyed anywhere.



## ACTIVE HIKING TOURS (AHK)

### AHK\_POLYLIMNIO WATERFALLS THE PARADISE IN MESSINIA

family friendly  
(age limit: 6 years old)

As you make your way through lush green vegetation, crossing wooden bridges, you will find yourself in a landscape of waterfalls and crystal-clear pools. In all, there are 15 waterfalls and plunge pools where you can cool off in the turquoise water.

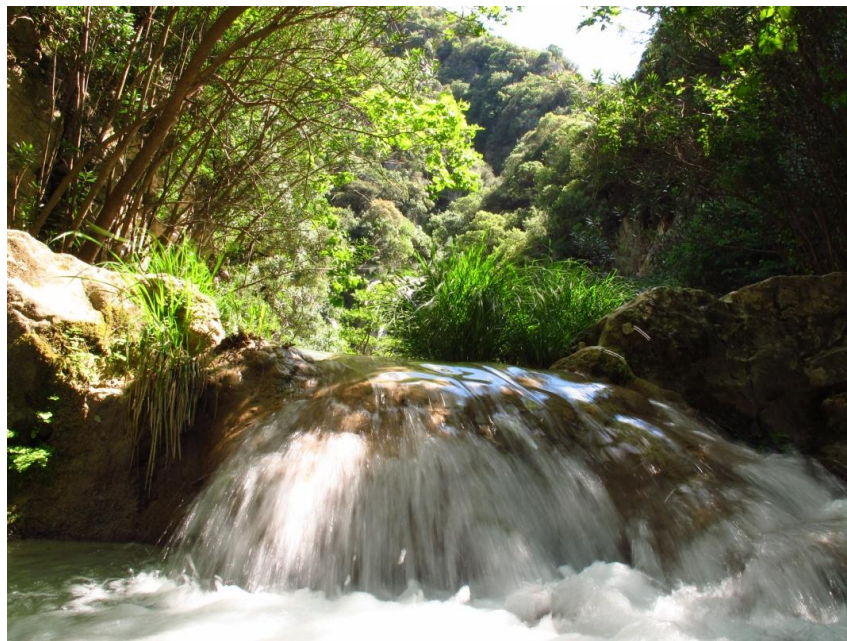
Duration: 3,5hrs (1,4hrs hiking time)  
 Character: hiking on rock paths, foot sureness required  
 Services: transfers, tour guide, drinking water, towels, fruits  
 Price: 65 EUR  
 Max. number of participants: 45pax

### AHK\_NEDA RIVER HIDDEN TREASURES

family friendly  
(age limit: 8 years old)

Visit one of the wildest mountain areas on the Peloponnese peninsula. On this hike we enter an unspoiled natural environment, see historic monument and visit paradise like waterfalls. In the midst of nature we enjoy our picnic and have the chance to swim in the crystal clear water of the river. The visit to an old watermill and some relaxing time with a Greek coffee makes this tour complete.

Duration: 8hrs (4hrs hiking time)  
 Character: hike on narrow paths and gravel roads  
 Services: transfers, tour guide, picnic, drinking water, Greek coffee  
 Price: 95 EUR  
 Max. number of participants: 45pax



**AHK\_MOUNT MAGLAVA**  
**TO THE LOOKOUT OF MESSINIA**

family friendly  
 (age limit: 8 years old)

From the central well of the village of Kremydia we hike through olive groves and small paths to the peak of Mount Maglava – one of the best lookouts in the area. Enjoy fantastic views over the entire area. At the endpoint of our tour in Vlachopoulo you have the chance to visit the local church and learn about Greek Orthodox traditions and customs. After a Greek coffee a bus takes us back to Costa Navarino.

Duration: 4hrs  
 Character: hike on narrow paths and gravel roads, ascent/descent 350m  
 Services: transfers, tour guide, drinking water, snack, Greek coffee  
 Price: 65 EUR  
 Max. number of participants: 45pax

**AHK\_DREAM BEACH & CRUISADERS' CASTLE**  
**VOIDOKILIA & PALEOKASTRO**

family friendly  
 (age limit: 6 years old)

Hike along the Lagoon of Gialova and the sandy dunes - home of the African Chameleon - to the dream like beach of Voidokilia. A step path leads us to the mythical King Nestor cave and the ruins of the medieval Frankish citadel. The amazing 360 degrees view is paying off the efforts of the climb. A swim in the crystal clear water of Navarino Bay makes this hiking tour perfect.

Duration: 3,5hrs  
 Character: hike on paths, through sandy dunes, steep climb, ascent: 150m  
 Services: transfers, tour guide, drinking water, snack, beach towels  
 Price: 55 EUR  
 Max. number of participants: 32pax



**AHK\_PIRATES' ISLAND**  
**METHONI & THE ISLAND OF SAPIENZA**

family friendly  
 (age limit: 6 years old)

In front of the fairytale-like scenery of the Castle of Methoni our little boat sails to the uninhabited island of Sapienza. On a rocky goat path we explore the protected island. With a bit of luck we can spot a Mouflon with its impressive horns or some wild goats. The endpoint of this hike is the so-called Malibu-Beach, an isolated beach with turquoise waters. Locals call it the most beautiful beach in the region.

Duration: 5hrs  
 Character: medium hike on rocky goat paths, ascent: 100m  
 Services: transfers, boat cruise, tour guide, drinking water, snack, beach towels  
 Price: 85 EUR  
 Max. number of participants: 16pax

**AHK\_NAVARINO BAY**  
**PYLOS & SFAKTIRIA ISLAND**

family friendly  
 (age limit: 6 years old)

With a boat we head across the Bay of Navarino to the uninhabited island of Sfaktiria – a place full of history and myths. From the Russian war monument we hike along the historical path to the peak of the island where we enjoy a stunning 360-view over the bay, the lagoon and the Ionian Sea. On the way back to the hotel there is time for a jump into the bay or a sight-seeing tour in Pylos.

Duration: 6hrs  
 Character: easy hike on rocky path, ascent: 150m  
 Services: transfers, boat cruise, tour guide, snack drinking water, beach towels  
 Price: 85 EUR  
 Max. number of participants: 45pax (Min. number of participants: 25pax)

**AHK\_XERAS GORGE**  
**TO THE OTTOMAN AQUEDUCT**

family friendly  
 (age limit: 8 years old)

Not many locals know about this amazing secret of the area: An aqueduct from the Ottoman period in very good conditions will impress you while you are making your way in the riverbed of the Xeras river. From the gorge we climb to the little chapel of St. Sotiria – a magic spot with a fantastic view.

Duration: 3hrs  
 Character: hike on a rocky river bed and narrow hiking paths, ascent: 200m  
 Services: transfers, tour guide, drinking water, snack  
 Price: 55 EUR  
 Max. number of participants: 45pax

## CULTURAL HIKING TOURS (CHK)

### CHK\_MESSINIAN PICNIC VOIDOKILIA AT SUNSET

family friendly  
(age limit: all ages)

After a late afternoon swim at the beach of Voidokilia we reach after a short hike the hill of Profitis Elias. Next to the small chapel a luxurious picnic is waiting for you served by two ladies from a village nearby. Taste Messinian cuisine at its best with local dishes twisted into finger food! Greek wine, beer and handmade lemonade are served. An unforgettable experience both for nature lovers and gourmets!

Duration: 3hrs (30min hiking time)

Character: easy hike on hiking path & gravel road, ascent/descent: 50m

Services: transfers, tour guide, beach towels, luxury picnic with drinks & refreshments

Price: 95 EUR

Max. number of participants: 32pax



As a little teaser for this activity have a look at [this footage!](#)

**CHK\_OLIVE TRAIL**  
**NAVARINO BAY & GIALOVA**

family friendly  
 (age limit: 6 years old)

In the afternoon we start our short hike in the little village of Pyla overlooking the Bay of Navarino. In the middle of a beautiful olive grove we learn about the history of the Greek olive culture and enjoy a small snack with olives and olive oil. Later in the village of Gialova we visit a workshop where handmade olive oil soap is produced.

Duration: 3hrs (1hr hiking time)  
 Character: easy hike on gravel road, mainly downhill (descent: 100m)  
 Services: transfers, tour guide, traditional snack, visit of olive soap workshop  
 Price: 65 EUR  
 Max. number of participants: 16pax

**CHK\_NATURE TRAIL**  
**WETLAND OF GIALOVA LAGOON**

family friendly  
 (age limit: 6 years old)

Explore with us one of the most important wetlands in the Balkans. Designated as a Natura 2000 protected site and important Bird Area, the Gialova lagoon provides shelter to 271 of the 442 recorded bird species in Greece, many of which are rare. A key stopover in the flyway of migratory birds, thousands of birds visit the lagoon each autumn for a final rest before making the long flight over the Mediterranean Sea and the Sahara Desert.

Duration: 3hrs  
 Character: easy hike on gravel road, flat  
 Services: transfers, tour guide, visit of Natura Hall, binoculars, drinking water  
 Price: 65 EUR  
 Max. number of participants: 16pax

**CHK\_HISTORY TRAIL**  
**CASTLES OF PYLOS & METHONI**

family friendly  
 (age limit: 6 years old)

Visit the two historical castles of Pylos and Methoni. Our tour guide will take you on an adventurous trip into the glorious past of the area. On a short hike around Methoni you have time to imagine and discuss historical facts and stories. With lunch in a traditional tavern we complete this tour.

Duration: 6hrs  
 Character: easy hike on dirt road  
 Services: transfers, tour guide, drinking water, entrance fees, lunch in a tavern  
 Price: 85 EUR  
 Max. number of participants: 45pax



## CLIMBING

Navarino Outdoors offers two different types of climbing activities:

**Indoor Climbing (ICL)** open for children and adults on a daily base. We offer taster class and regular courses as well as private lessons

**Rock Climbing Tours (RCL)** lead you to the nearby Island of Proti as well as to the big climbing areas of Kardamyli and Lagada.



**ICL\_NAVARINO ROCKS**  
**INDOOR CLIMBING TASTER CLASSES**

family friendly  
 (age limit: 5 years old)

Welcome to Navarino Rocks, the Indoor Climbing Wall of Costa Navarino. The 100sqm-climbing wall offers a big number of climbing routes both for beginner and advanced levels. The professional instructing team, quality facility and fun atmosphere provide a safe, welcoming and encouraging environment to our guests – children & adults!

Duration: 1hr  
 Objective: basic idea of climbing for beginners  
 Services: climbing gear, basic instructions from climbing staff, full time safeguarding  
 Price: 35 EUR



**RCL\_PROTI ISLAND CLIMBING EXPERIENCE**  
**ROCK CLIMBING FOR ALL LEVELS**

family friendly  
 (age limit: 8 years old)

Come with us on the island of Protis, the new climbing spot in Greece! This tour is appealing for both, newcomers and experienced climbers, families and adventurers. A large number of climbing routes and stunning views wait on the visitors. The climbing area is accessible only by boat and on foot. After the challenging climbing there is time for a jump into the refreshing and turquoise water of the Ionian Sea.

Duration: 4hr  
 Objective: rock climbing experience for beginners and intermediate level  
 Services: transfers, boat cruise, climbing gears, climbing instructor, full time safeguarding, beach towel, snack  
 Price: 80 EUR

## Bookings, discounts, cancellations and safety policy

---

### Rates:

All indicated rates are per person and include 24% VAT and all other taxes.

Children under 12 years old enjoy a discount of 20%.

Children under 2 years old are free of charge.

All activities can be booked as private tours. Minimum charge per private tour: 8 adults.

### Bookings:

All outdoor activities need to be booked at Navarino Outdoors or alternatively at Navarino Collection (except bike rental). We strongly recommend bookings 24hrs prior to tour departures.

Walk-ins at indoor climbing activities are welcome according to availability.

All guests need to sign a reliability waiver prior to the activity.

All tours have a quorum of 5 participants (except of indoor climbing).

### Cancellation policy:

Cancellations 24 hours prior to tour departure are free of charge. Otherwise 100% of the tour participation fee falls due.

### Safety:

For your own safety activities may be adjusted due to weather conditions and abilities of participants.

Cancellations due to weather conditions are reimbursed 100%.

On cycling and climbing activities wearing a helmet is mandatory.

For all outdoor activities guests are strongly recommended to bring along trainers and sun protection.

On all activities we provide drinking water and first aid assistance.



## Additional information for Tour Operators / DMCs

---

### Note:

The above-mentioned rates are retail rates in Euros and include ALL relative taxes. Navarino Outdoors offers the following discounts on these retail rates to DMCs and Tour Operators:

- Groups < 25pax: 10% discount
- Groups > 25pax: 15% discount

On demand tours can take place several times per day. All tours starts from the Navarino Outdoors Centre, Pick-up for Hiking tours can take place also at the Lobby of the hotels The Westin or The Romanos. Bike transfers to an alternative location before and after the tour will be charged extra. We are happy to adjust the tours to the specific needs of your client.

### Cancellation policy

- Cancellation 29-15 days prior = 30% of package price
- Cancellation 14-7 days prior = 55% of package price
- Cancellation 6 days prior & no shows = 100% of package price

### About us

Navarino Outdoors as a part of Costa Navarino is operated by exosports.gr. We offer a wide range of outdoor activities and excursions. Beside the mentioned guided tours we can arrange any kind of outdoor group activities like:

- Large group activities on site of Navarino Dunes
- Team games such as “Amazing Race”, “Survivor”, treasure hunts and Cost-Triathlon.
- Team building activities

Please contact Michael Widmer ([michael.widmer@costanavarino.com](mailto:michael.widmer@costanavarino.com)) for further information.

### Michael Widmer (Operator of Navarino Outdoors)



Michael is Swiss has been living in Greece for since 2006. He has many years of experience as a tour and hiking guide for different tour operators from Switzerland. With a MA in Cultural Studies to impart knowledge about other cultures and to offer real insights in the local traditions is important to him.

After running his own Ski- and Mountain School in Northern Greece and founding a dance organization called Lindy Hop Greece he is managing Navarino Outdoors since 2011.

All of our tours and services are developed and led by specialists who are experts in their field. Our professional

team offers the experience combined with the good knowledge of the country and its people and of course the passion for sport!

**Navarino Outdoors** - your partner for outdoor experiences in Messinia: Find Navarino Outdoors on [Youtube](#) and [Facebook](#)!

**BIKE STATION – RENT A BIKE**



A bicycle is not only the most convenient way to get around the resort but also the best means to discover the beauty of the Messinian countryside. A leisurely 30-minute ride to Voidokilia, one of the best beaches in the world, is just one of many options.

Our dedicated Bike Station offers a wide range of quality bikes, including IDEAL and Scott brands, which will carry you along idyllic trails in style but are also well equipped to handle the most rugged terrain.

You can rent a top-of-the range Mountain Bike, City Cruiser, E-Bike, as well as fun bikes such as tandems or BMX, and also choose from an extensive selection of accessories and clothing.

Equipment especially designed for families includes child bicycles for all ages, kids’ seats and trailers.

The Bike Station also serves as an information hub, a place where advice about biking equipment is freely offered, along with tips and recommendations about self-guided tours with GPS devices and tour maps.



Navarino Outdoors’ program of organized hiking tours will take you to places where the landscape is untouched and the locals still embrace their ancestral traditions. These carefully planned tours are an invitation to become part of the story of Messinia and its people, one that goes back thousands of years. We are also launching a special series of ‘cultural hiking’ trails with a focus on specific interests and themes such as castles, olives, wines and herbs.